

Resources for Teens

| Agency | Contact Information | Description of Services |
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| Resources for Teens in Alameda County | | |
| Youth Up Rising | (510) 777-9909 8711 MacArthur Blvd. Oakland, CA 94605 info@youthuprising.org | A free neighborhood hub offering young people services and programs to increase physical and mental wellbeing, community connection, educational attainment, and career achievement among youth members. <ul style="list-style-type: none"> • Must live in Alameda County • Be between the ages of 13- to 24-years-old • Attend orientation |
| East Oakland Youth Development Center (EOYDC) | (510) 569 8088 8200 International Blvd, Oakland, CA 94621 infoplease@eoydc.org | Free enrichment activities designed to support creativity, cultural pride, self-expression, and personal development. EOYDC offers exposure to career paths and networks in the visual and performing arts. <ul style="list-style-type: none"> • Programs available for grades K -12 and 17 y/o + |
| REACH Ashland Youth Center | (510) 481-4500 16335 E 14th St, San Leandro, CA 94578 https://reachashland.org | No-cost Recreation, Education, Arts, Career, and Health programs to empower youth and no-cost child-care and food distribution services to support the Ashland community. <ul style="list-style-type: none"> • Must be between the ages of ages 11 to 24-years-old |

Resources for Teens in Contra Costa County

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| RYSE Youth Center | (510) 374-3401 3939 Bissell Ave, Richmond, CA 94805 | All members have free access to RYSE's facilities, free food, and workshops/programs in arts, health + wellness, youth organizing, college & career development, and more. <ul style="list-style-type: none">• Must be between the ages of 13-21-years-old |
| Beat the Streets, Inc. | (925) 481-2104 Somerville Towne Center Mall 2550 Somerville Road, Unit No 15 Antioch, CA 94509 | The mission of Beat the Streets, Inc. is to make sure at-risk low income youth and young adults, in Antioch, CA and neighboring communities and counties have the resources they need to be successful in their Educational, Vocational and Life Skill and Diversion & Re-Entry goals, as well as, offer Community ages <ul style="list-style-type: none">• Youth Services available to ages 11-29-years-old.• Resources for any age. |

Resources for LGBTQ Teens

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| Rainbow Community Center | (925) 692-0090 2380 Salvio Street, Suite 301 Concord, CA 94520 Drop in hours 10:00AM - 3:00PM, Monday – Friday rcc@rainbowcc.org | We empower youth to explore their identities, address internalized homophobia, promote resilience, & connect to peers and community through programming, mentorship, peer support, and leadership opportunities. <ul style="list-style-type: none">• Must be between the ages of 12-24-years-old |
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