

ACUTE GASTROENTERITIS AND DEHYDRATION
(C) BCH Emergency Department

	Dehydration Score			
	Appearance	Eyes	Mucous Membranes	Tears
0	Normal	Normal	Moist	Present
1	Thirsty, restless, lethargic but irritable	Slightly sunken	Sticky	Decreased
2	Drowsy, limp, cold, or sweaty	Very sunken	Dry	Absent
Total				

Inclusion Criteria

- Age 6 mo- 18 years
- Vomiting and/or diarrhea
- Onset < 5 days
- Non-bloody, non-bilious

Exclusion Criteria

- Toxic or ill-appearing
- History of renal disease, diabetes, CHF, IBD, or contributory comorbid condition
- Hypotension

Key measures

- Monitor and document I/O, gastro scores,
- Repeat vital signs
- Ensure discharge teaching and discussion of oral rehydration techniques

